

GRANTEE: **South Puget Intertribal Planning Agency**

PROGRAM TITLE: Healthy Families Project

PROGRAM PERIOD: Cohort 1 (September 30, 2011 to September 29, 2015)

KEY GRANTEE PROGRAM STAFF

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GOAL OF THE PROGRAM

The Healthy Families Project focuses on improving the health and wellbeing of American Indian and Alaska Native (AI/AN) families and children through the development and provision of a comprehensive, culturally appropriate home visiting service delivery program.

COMMUNITY CONTEXT FOR THE PROGRAM

State:	Washington
Rural or Urban/Reservation or Non-Reservation:	Rural Reservation, Rural Non-Reservation, and Urban Non-Reservation
Description of Service Area:	The Healthy Families Project will serve six distinct communities located in western Washington. Four of these communities are rural (Chehalis, Nisqually, Shoalwater Bay, and Squaxin Island Tribes) and two are urban (Kitsap and Pierce sites). The service area includes Kitsap, Mason, Grays Harbor, Pacific, Thurston, Lewis, and Pierce Counties.
Births Per Year:	Between 2007 and 2009, 700 births occurred in the project's service area.
Children Ages Birth to 5 Years in Target Community:	600 American Indian/Alaska Native children ages birth to 5 in 2012 (125 <1 year, 475 1-4 years) in the SPIPA service area.
Unique Characteristics of Target Community:	The Healthy Families Project provides home visiting services to six communities. Each site will employ at least 1 home visitor to ensure service continuity.
Key Community Partners:	<ul style="list-style-type: none"> • Chehalis Tribal Social Services Department • TELO K-12 Program • Behavioral Health Department • South Bend School District Head Start/Early Head Start • Choice High School • Nisqually Tribal Education Department and Library • Mason County Literacy • Mountain View Women's Health Clinic • Turning Pointe (Domestic Violence Shelter) • Nisqually Head Start

COMMUNITY CONTEXT FOR THE PROGRAM (continued)

Primary Risk Factors in Target Community:	Risk factors include tobacco use during pregnancy, infant mortality, premature births, teen births, substance abuse, domestic violence, high school dropout, unemployment and underemployment.
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PROGRAM DELIVERY CONTEXT

Organization Type Administering the Program:	The South Puget Intertribal Planning Agency (SPIPA) is a tribally chartered non-profit consortium organization. The consortium includes five Tribes: Chehalis, Nisqually, Shoalwater Bay, Skokomish, and Squaxin Island.
Implementing Agency:	South Puget Intertribal Planning Agency
Target Population:	The Healthy Families Project focuses on AI/AN families, which may include expectant mothers, teenage parents, and parents of children ages birth to 5.
Target and Actual Numbers Served:	As of June 30, 2014, the Healthy Families Project has conducted 1,137 home visits.

HOME VISITING MODEL SELECTED

The Healthy Families Project uses the Parents as Teachers (PAT) home visiting model.

KEY MODEL ADAPTATIONS OR ENHANCEMENTS

The Healthy Families Project enhanced the PAT model by including the National Indian Child Welfare Association's (NICWA's) Positive Indian Parenting (PIP) curriculum and cultural teachings. Home visitors will administer cultural teachings and activities separately from PAT to ensure cultural integrity and model fidelity. Additional enhancements include modifying the program to focus on prevention, and hiring paraprofessionals (home visitors) from within the respective communities.

DESCRIPTION OF EARLY CHILDHOOD SYSTEM

A number of state-level early childhood strategies exist for children ages birth to 5 years. The Department of Health has developed Kids Matter, a statewide partnership to build Washington's early childhood system. Home visiting programs and other service strategies administered through Kids Matter promote maternal, infant, and early childhood health, safety, and development, and strong parent-child relationships.

EVALUATION APPROACH

Evaluation Question

Do parents who participate in the Healthy Families Project show increases in the use of traditional Native American parenting practices after successful participation in the program?

Evaluation Design

The evaluation will use a single case evaluation design.

KEY FEDERAL AND TECHNICAL ASSISTANCE (TA) STAFF:

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